

MOLO Montessori School Menu

April--2024

Monday	Tuesday	Wednesday	Thursday	Friday
1-Apr	2-Apr	3-Apr	4-Apr	5-Apr
Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit V-Macaroni and Cheese with Grilled Tofu	Shepherd's Pie Casserole with Ground Beef, Baked Yellow Squash, Sourdough Bread, Fresh Cut Fruit V-Vegetarian Shepherd's Pie	Sweet & Sour Chicken, Steamed Rice, Broccoli, Fresh Cut Fruit V-Sweet & Sour Grilled Tofu	Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots, Fresh Cut Fruit V-Spaghetti with TVP, Diced Vegetables & Marinara Sauce	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
8-Apr	9-Apr	10-Apr	11-Apr	12-Apr
BBQ Beef Slider, Baked Beans, Fresh Corn, Fresh Cut Fruit V-BBQ Boca Burger Slider	Parmesan & Ricotta Ravioli, Oven Roasted Zucchini, Garlic Bread, Fresh Cut Fruit	Chicken Fried Rice with Carrots & Lima Beans, Steamed Broccoli, Fresh Baked Baguette, Fresh Cut Fruit V-Fried Rice with Grilled Tofu, Carrots & Lima Beans	Pasta Primavera with Baked Chicken Breast, Oven Roasted Zucchini, French Bread, Fresh Cut Fruit V-Pasta Primavera with Veggie Sausage	Breakfast for Lunch: Pancake, Turkey Sausage, Breakfast Potato, Steamed Broccoli, Fresh Cut Fruit V-Breakfast for Lunch: Pancake, Veggie Sausage
15-Apr	16-Apr	17-Apr	18-Apr	19-Apr
Baked Chicken Breast with Alfredo Sauce, Farfalle Pasta, Oven Roasted Carrots, Fresh Cut Fruit V-Grilled Tofu with Alfredo Sauce	Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Cucumber, Mozzarella Cheese & Olive Oil, Fresh Cut Fruit	Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit V-Veggie Nuggets	Beef Tamales, Black Beans, Steamed White Rice, Fresh Cut Fruit V-Vegetarian Tamales	Baked Ziti with Turkey Kielbasa, Vegetable Medley, Garlic Bread, Fresh Cut Fruit V-Vegetable Baked Ziti with Veggie Sausage
22-Apr	23-Apr	24-Apr	25-Apr	26-Apr
Grassfed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Baked Yellow Squash, Fresh Cut Fruit V-Eggplant Parmesan	Chicken & Cheese Quesadillas, Steamed Rice, Black Beans, Fresh Cut Fruit V-Cheese Quesadillas	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit V-Broccoli, Cauliflower & Cheese Casserole with Grilled Tofu	Baked Chicken Breast with Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit V-Grilled Tofu with Anaheim Sauce	Chicken and Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit V-Baked Cheese Sticks and Waffles
29-Apr	30-Apr	1-May	2-May	3-May
Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit V-Macaroni and Cheese with Grilled Tofu	Shepherd's Pie Casserole with Ground Beef, Baked Yellow Squash, Sourdough Bread, Fresh Cut Fruit V-Vegetarian Shepherd's Pie			

***Vegetarian Option**