



MOLO Montessori Staff Menu October--2024

Monday 30-Sep	Tuesday 1-Oct	Wednesday 2-Oct	Thursday 3-Oct	Friday 4-Oct
	<p>Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Cucumber, Mozzarella Cheese & Olive Oil, Fresh Cut Fruit</p> <p>Chicken Salad Sandwich with Spring Mix on Croissant, Served with House Made Veggie Chips</p> <p>Organic Kale Salad with Cranberry, Apple, Almonds & Breaded Chicken Breast, Served with Lemon Vinaigrette</p>	<p>Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit</p> <p>Loaded Baked Potato with Chopped Brisket, Cheddar Cheese, BBQ Sauce, Sour Cream, Served with Vegetable Medley</p> <p>Cobb Salad with Turkey, Hard Boiled Eggs, Carrots, Cheese, Cucumbers & Romaine, Served with House Made Ranch Dressing</p>	<p>Baked Chicken Breast with Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit</p> <p>Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice</p> <p>Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, Served with House Made Veggie Chips</p>	<p>Beefy Mac and Cheese, Fresh Corn, French Bread, Fresh Cut Fruit</p> <p>Garden Grilled Cheese Sandwich with Zucchini, Tomato & Basil, Served with Vegetable Medley</p> <p>Chicken Caesar Salad with Romaine, Croutons, Parmesan Cheese, Grape Tomatoes, Served with Caesar Dressing</p>
<p>7-Oct</p> <p>Grassfed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Baked Yellow Squash, Fresh Cut Fruit</p> <p>Pasta Carbonara with Chicken Breast, Turkey Bacon, Peas, Parmesan Cheese</p> <p>Mandarin Chicken Salad: Field Greens, Dried Cranberry & Mandarin, Toasted Pecan & Breaded Chicken Breast, Served with Balsamic Vinaigrette</p>	<p>8-Oct</p> <p>Chicken & Cheese Quesadillas, Steamed Rice, Black Beans, Fresh Cut Fruit</p> <p>Chicken Salad Sandwich with Spring Mix on Croissant, Served with House Made Veggie Chips</p> <p>Organic Kale Salad with Cranberry, Apple, Almonds & Breaded Chicken Breast, Served with Lemon Vinaigrette</p>	<p>9-Oct</p> <p>Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit</p> <p>Loaded Baked Potato with Chopped Brisket, Cheddar Cheese, BBQ Sauce, Sour Cream, Served with Vegetable Medley</p> <p>Cobb Salad with Turkey, Hard Boiled Eggs, Carrots, Cheese, Cucumbers & Romaine, Served with House Made Ranch Dressing</p>	<p>10-Oct</p> <p>Pasta Primavera with Baked Chicken Breast, Oven Roasted Zucchini, French Bread, Fresh Cut Fruit</p> <p>Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice</p> <p>Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, Served with House Made Veggie Chips</p>	<p>11-Oct</p> <p>Chicken and Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit</p> <p>Garden Grilled Cheese Sandwich with Zucchini, Tomato & Basil, Served with Vegetable Medley</p> <p>Chicken Caesar Salad with Romaine, Croutons, Parmesan Cheese, Grape Tomatoes, Served with Caesar Dressing</p>
<p>14-Oct</p> <p>Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit</p> <p>Pasta Carbonara with Chicken Breast, Turkey Bacon, Peas, Parmesan Cheese</p> <p>Mandarin Chicken Salad: Field Greens, Dried Cranberry & Mandarin, Toasted Pecan & Breaded Chicken Breast, Served with Balsamic Vinaigrette</p>	<p>15-Oct</p> <p>Beef Hamburger Slider with Cheddar Cheese, Roasted Red Potatoes & Carrots, Fresh Cut Fruit</p> <p>Chicken Salad Sandwich with Spring Mix on Croissant, Served with House Made Veggie Chips</p> <p>Organic Kale Salad with Cranberry, Apple, Almonds & Breaded Chicken Breast, Served with Lemon Vinaigrette</p>	<p>16-Oct</p> <p>Sweet & Sour Chicken, Steamed Rice, Broccoli, Fresh Cut Fruit</p> <p>Loaded Baked Potato with Chopped Brisket, Cheddar Cheese, BBQ Sauce, Sour Cream, Served with Vegetable Medley</p> <p>Cobb Salad with Turkey, Hard Boiled Eggs, Carrots, Cheese, Cucumbers & Romaine, Served with House Made Ranch Dressing</p>	<p>17-Oct</p> <p>Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots, Fresh Cut Fruit</p> <p>Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice</p> <p>Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, Served with House Made Veggie Chips</p>	<p>18-Oct</p> <p>Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit</p> <p>Garden Grilled Cheese Sandwich with Zucchini, Tomato & Basil, Served with Vegetable Medley</p> <p>Chicken Caesar Salad with Romaine, Croutons, Parmesan Cheese, Grape Tomatoes, Served with Caesar Dressing</p>
<p>21-Oct</p> <p>BBQ Beef Slider, Baked Beans, Fresh Corn, Fresh Cut Fruit</p> <p>Pasta Carbonara with Chicken Breast, Turkey Bacon, Peas, Parmesan Cheese</p> <p>Mandarin Chicken Salad: Field Greens, Dried Cranberry & Mandarin, Toasted Pecan & Breaded Chicken Breast, Served with Balsamic Vinaigrette</p>	<p>22-Oct</p> <p>Parmesan & Ricotta Ravioli, Oven Roasted Zucchini, Garlic Bread, Fresh Cut Fruit</p> <p>Chicken Salad Sandwich with Spring Mix on Croissant, Served with House Made Veggie Chips</p> <p>Organic Kale Salad with Cranberry, Apple, Almonds & Breaded Chicken Breast, Served with Lemon Vinaigrette</p>	<p>23-Oct</p> <p>Beef Tamales, Black Beans, Steamed White Rice, Fresh Cut Fruit</p> <p>Loaded Baked Potato with Chopped Brisket, Cheddar Cheese, BBQ Sauce, Sour Cream, Served with Vegetable Medley</p> <p>Cobb Salad with Turkey, Hard Boiled Eggs, Carrots, Cheese, Cucumbers & Romaine, Served with House Made Ranch Dressing</p>	<p>24-Oct</p> <p>Baked Ziti with Turkey Kielbasa, Vegetable Medley, Garlic Bread, Fresh Cut Fruit</p> <p>Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice</p> <p>Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, Served with House Made Veggie Chips</p>	<p>25-Oct</p> <p>Breakfast for Lunch: Pancake, Turkey Sausage, Breakfast Potato, Steamed Broccoli, Fresh Cut Fruit</p> <p>Garden Grilled Cheese Sandwich with Zucchini, Tomato & Basil, Served with Vegetable Medley</p> <p>Chicken Caesar Salad with Romaine, Croutons, Parmesan Cheese, Grape Tomatoes, Served with Caesar Dressing</p>
<p>28-Oct</p> <p>Baked Chicken Breast with Alfredo Sauce, Farfalle Pasta, Oven Roasted Carrots, Fresh Cut Fruit</p> <p>Pasta Carbonara with Chicken Breast, Turkey Bacon, Peas, Parmesan Cheese</p> <p>Mandarin Chicken Salad: Field Greens, Dried Cranberry & Mandarin, Toasted Pecan & Breaded Chicken Breast, Served with Balsamic Vinaigrette</p>	<p>29-Oct</p> <p>Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Cucumber, Mozzarella Cheese & Olive Oil, Fresh Cut Fruit</p> <p>Chicken Salad Sandwich with Spring Mix on Croissant, Served with House Made Veggie Chips</p> <p>Organic Kale Salad with Cranberry, Apple, Almonds & Breaded Chicken Breast, Served with Lemon Vinaigrette</p>	<p>30-Oct</p> <p>Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit</p> <p>Loaded Baked Potato with Chopped Brisket, Cheddar Cheese, BBQ Sauce, Sour Cream, Served with Vegetable Medley</p> <p>Cobb Salad with Turkey, Hard Boiled Eggs, Carrots, Cheese, Cucumbers & Romaine, Served with House Made Ranch Dressing</p>	<p>31-Oct</p> <p>Chicken Fried Rice with Carrots & Lima Beans, Steamed Broccoli, Fresh Baked Baguette, Fresh Cut Fruit</p> <p>Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice</p> <p>Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, Served with House Made Veggie Chips</p>	<p>1-Nov</p>