

MOLO Montessori School Menu May--2022

Monday	Tuesday	Wednesday	Thursday	Friday
2-May	3-May	4-May	5-May	6-May
Baked Ziti with Turkey Kielbasa, Vegetable Medley, Garlic Bread, Fresh Cut Fruit	Toasted Turkey and Cheddar Sandwich, Sweet Potato Tots, Steamed Broccoli, Fresh Cut Fruit	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit	Rosemary Chicken with Rice Pilaf, Roasted Red Potato & Carrots, Fresh Baked French Bread, Fresh Cut Fruit	Beefy Mac and Cheese, Fresh Corn, French Bread, Fresh Cut Fruit
V-Vegetable Baked Ziti with Grilled Tofu	V-Toasted Tofu and Cheddar Sandwich	V-Broccoli, Cauliflower & Cheese Casserole with Grilled Tofu	V-Rosemary Crispy Tofu with Rice Pilaf	V- TVP Mac and Cheese
9-May	10-May	11-May	12-May	13-May
Grassfed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Baked Yellow Squash, Fresh Cut Fruit	Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Mozzarella Cheese & Olive Oil, Sliced Cucumbers, Fresh Cut Fruit	Chicken Fried Rice with Carrots & Lima Beans, Steamed Broccoli, Fresh Baked Baguette, Fresh Cut Fruit	Pasta Primavera with Turkey Sausage, Oven Roasted Zucchini, Fresh Cut Fruit	Chicken and Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit
V-Eggplant Parmesan	V-Assorted Cheese Wrap	V-Fried Rice with Grilled Tofu, Carrots & Lima Beans	V-Pasta Primavera with Veggie Sausage	V-Baked Cheese Sticks and Waffles
16-May	17-May	18-May	19-May	20-May
Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit	Chicken & Cheese Quesadillas, Steamed Rice, Black Beans, Fresh Cut Fruit	Parmesan & Ricotta Ravioli, Green Peas & Diced Carrots, Garlic Bread, Fresh Cut Fruit	Baked Chicken Breast with Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
V-Macaroni and Cheese with Grilled Tofu	V-Cheese Quesadillas		V-Grilled Tofu with Anaheim Sauce	
23-May	24-May	25-May	26-May	27-May
BBQ Beef Slider, Baked Beans, Fresh Corn, Fresh Cut Fruit	Turkey and Cheese Wrap, Sliced Cucumbers, Vanilla Yogurt, Fresh Cut Fruit	Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit	Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots, Fresh Cut Fruit	Breakfast for Lunch: Turkey Sausage, Pancakes, Breakfast Potato, Steamed Broccoli, Fresh Cut Fruit
V-BBQ Boca Burger Slider	V-Assorted Cheese Wrap	V-Grilled Tofu Nuggets	V-Spaghetti with TVP, Diced Vegetables & Marinara Sauce	V-Breakfast for Lunch: Veggie Sausage, Pancakes
30-May	31-May	1-Jun	2-Jun	3-Jun
SCHOOL CLOSED	Chicken Meatballs, Mashed Potatoes with Cheddar Cheese, Peas & Diced Carrots, Fresh Cut Fruit			
	V-Grilled Tofu			

*Vegetarian Option

Price \$4.25/Meal